



**THE ROOKERIES  
CARLETON**

JUNIOR, INFANT  
& NURSERY SCHOOL

## **Friday 8<sup>th</sup> October 2021**

Dear Parents / Carers

I would like to start this week by thanking those Reception parents and carers who were able to attend the phonics morning on Monday. We have made a huge commitment to ensure that as parents and carers you are aware of how your children learn and develop phonics, and how you can help support them at home.

I am pleased to also inform you of all the other exciting events that have been going on in school. It was great to see after school clubs back at the Rookeries. On Thursday afternoon children were writing, singing, painting, cheerleading, playing football and performing yoga.

We welcomed parent visitors into school to talk to EYFS about the importance of their jobs. The children really enjoyed learning about the police and ambulance service and how they help people.

Class 1/2 were thrilled to listen to a personal message from the children's author Rachel Bright, who through one of our thoughtful parents contacting her on social media, found out the class is named after her. We have uploaded the video onto our Twitter page for everyone to see.

Children have also taken part in the school cross-country competition. Each class completed the cross-country course at different times during the day and I am pleased to report that during the event, children demonstrated resilience to complete the run as well as showing support and encouragement to their peers.

Next week, you will receive an invitation to attend our class celebrations. This will be an opportunity for you to come into school in the week before half-term to share in the learning that has taken place so far in school. Teachers will be sharing this information on their individual Class Dojo pages.

As always, I hope you enjoy a lovely weekend and I look forward to welcoming you back to school on Monday morning.

Kind Regards,

**Richard Grogan**  
**Headteacher**



Follow us on twitter to see what the children are up to on a daily basis!



## Pupil of the Week

Class	Pupil of the week
Nursery	Nevaeh
Reception	Rory E
Class 1	Isabella
Class 1/2	Ronnie E
Class 2	Poppy H
Class 3	Rufus H
Class ¾	Edward
Class 4	Alaya
Class 5	Mariam A
Class 6	Freya T

## Attendance

Class	Attendance This Week	Attendance This half term so far
Nursery	86%	91.7%
Reception	98.8%	96.1%
Year 1	96.8%	92.3%
Year 1/2	93.4%	97%
Year 2	94.8%	97.4%
Year 3	93.5%	93.9%
Year 3/4	94.2%	97.2%
Year 4	99.5%	98%
Year 5	95.1%	97.5%
Year 6	86.8%	93.6%

Attendance this week  
overall – 94.2%

Attendance this year  
overall – 96%

Attendance recently has been very poor, due mainly to unauthorised holidays and absences. Attendance is vital to a child's attainment and education and support on being at school every day is vital for a child to achieve their full potential. Please support your child by ensuring they attend school every day.

**Penalty notices are issued by the local authority for:**

- Irregular school attendance
- Unauthorised holidays in term-time
- Parentally condoned absences which are not authorised by school
- Persistent late arrival and early leaving from school

If you need support with getting your child to school. Please contact us and we will support in any way we can.

**NSPCC - Speak Out, Stay Safe Assembly**

Next week our children will be doing lots of work with the NSPCC Speak Out, Stay Safe Campaign.

This is a great resource to teach children about how to keep themselves safe.



The Speak out Stay safe programme helps children to understand that they always have a right to feel safe, and that they can speak to a trusted adult or Childline if they ever need help or support.

For more information on what the children will learn about please visit the NSPCC website <https://learning.nspcc.org.uk/services/speak-out-stay-safe> for more information.

These assemblies and resources are free to schools but we will be hoping to support the NSPCC by raising money for them to support the work they do.

**Childline**

Support, help and advice for children on all aspects of life.

- How to keep safe
- How to deal with anxiety
- How to build confidence
- How to deal with school
- Plus loads more.



*Also, BSL supported*

**World Mental Health Day**

**Sunday 10th October is world mental health day.**

If you're in good mental health, you can:

- Make the most of your potential
- Cope with life
- Play a full part in your family, school, workplace, Community and among friends

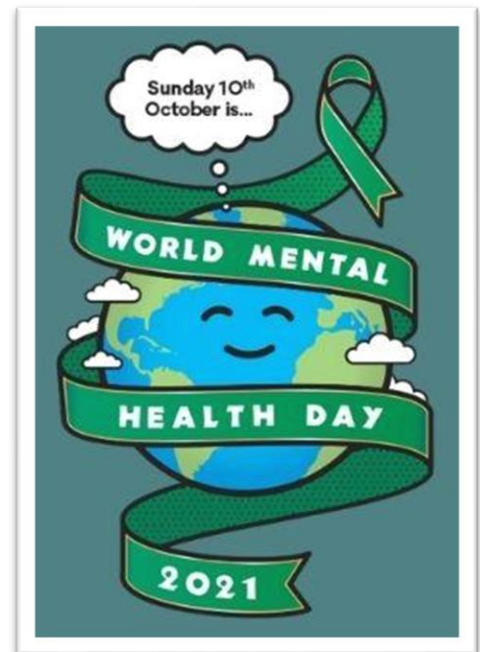
We all have times when we feel down or stressed or frightened. Most of the time those feelings pass. But sometimes they develop into a more serious problem and that could happen to any one of us.

Good mental health is characterised by a person's ability to fulfil a number of key functions and activities, including:

- The ability to learn
- The ability to feel, express and manage a range of positive and negative emotions
- The ability to form and maintain good relationships with others
- The ability to cope with and manage change and uncertainty

click the link to find out 10 ways to look after your mental health or download the booklet

<https://www.mentalhealth.org.uk/publications/how-to-mental-health>



## Office Updates

### Breakfast Club – MCAS booking

Breakfast club is extremely popular this year. We are only allowed to have a **limited number** of children.

Places **must therefore be booked through the MCAS app** – this can be done through the “wraparound care” option. **We can only allow children to attend if places are booked.**

### Music Lessons

Music Lessons have now resumed for the children that had them last year. If your child no longer wishes to do lessons please contact the school.

Please make sure you send your child with their instrument on the below days:

Strings – Tuesday  
Guitar - Wednesday  
Keyboard - Wednesday  
Brass - Wednesday  
Woodwind – Wednesday

### Food Bank Donations

Please remember to bring your food bank donations into school. These are being donated to Pontefract Food Bank who are in great need of any donations big or small.

### Phonics Training

Here is a link for parents to use for Phonics Training online.

<https://www.ruthmiskin.com/en/parents-copy-2/>

## Next Week's Dinner Menu....

'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Veggie Meatballs with a Mediterranean Tomato Sauce & Fluffy Cous Cous	Traditional Toad in the Hole with Gravy	Roast of the Day Turkey with Stuffing & Gravy	Rich & Rustic Lamb & Root Vegetable Hotpot	Classic Friday Fish & Chips with Tomato Sauce
Wholemeal Margherita Pizza with a half portion of Baby Baked Potatoes	Autumn Vegetable & Wholewheat Tortilla 'Lasagne'	Quorn Roast with Stuffing, & Gravy	Creamy baked macaroni cheese	Mozzarella & Fresh Tomato Melt with Chips & Tomato Sauce
Mixed Vegetables Garden Salad	Green Beans Cauliflower	Wok Bashed Vegetables Carrots	Broccoli Sweetcorn	Baked Beans Garden Peas
Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Sandwich: Ham, cheese or tuna	Sandwich: Ham, cheese or tuna	Sandwich: Ham, cheese or tuna	Sandwich: Ham, cheese or tuna	Sandwich: Ham, cheese or tuna
Chocolate Shortbread with Apple Smiles	Carrot Cake Cookie	Peach Shortcake Bar & Custard	Watermelon & Pineapple Slices	Lemon & Courgette Slice

## Dates for your diary

<b>Monday 11<sup>th</sup> October</b>	Phonics meeting for EYFS and KS1 parents at 5pm
<b>Tuesday 12<sup>th</sup> October</b>	PAT Cross country event at Kings School
<b>Monday 18<sup>th</sup> - 22<sup>nd</sup> October</b>	Class Celebrations – Parents opportunity to visit
<b>Wednesday 20<sup>th</sup> October</b>	KS1 Library Trip – <i>The tiger who came to tea</i>
<b>Friday 22<sup>nd</sup> October</b>	Break up for half term
<b>Monday 1<sup>st</sup> November</b>	Children return to school
<b>Tuesday 2<sup>nd</sup> November</b>	Tempest Photography School Photographs
<b>Wednesday 10<sup>th</sup> November</b>	Class cinema trip – class 3 and 3/4 – <i>Early Mann at Xscape</i>
	Class cinema trip – class 5 & 6 – <i>Abominable</i> at Cineworld Wakefield
<b>Thursday 11<sup>th</sup> November</b>	Class cinema trip – class 4 – <i>Addams Family 2 at the Reel</i>
<b>Thursday 16<sup>th</sup> December</b>	School finishes for Christmas break
<b>Friday 17<sup>th</sup> December</b>	Inset Day – School Closed

### Government guidance

Please note Government guidance on self-isolation for under 18 year old's has changed:

From 16 August, you will not be required to self-isolate if you are notified you have had close contact with someone with COVID-19 and any of the following apply:

You are below the age of 18 years 6 months

Children and young people aged under 18 years 6 months who usually attend an education or childcare setting and who have been identified as a close contact should continue to attend the setting as normal. They do not need to wear a face covering within the setting, but it is expected and recommended that these are worn when travelling on public or dedicated transport.

Anyone with COVID-19 symptoms or a positive test result should stay at home and self-isolate immediately. If you have symptoms of COVID-19, you should arrange to have a PCR test as soon as possible and inform school. School will then need proof of your result, either positive or negative.

**The most important symptoms of COVID-19 are recent onset of any of the following:**

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)



# Born and Bred in Wakefield

## Priority Setting Workshop

16 November 2021, 10AM – 12PM, via Zoom



Born and Bred in Wakefield (BaBi Wakefield) is a new project which links routinely collected data to inform research projects, to learn more about how local families can live healthier, happier lives.

This exciting new initiative aims to link existing data across health, education and social care, creating a picture of families' lives over time. Women are asked during their pregnancy for their permission to access and use information that is routinely collected about themselves and their child for research purposes. This is called an electronic birth cohort study.

The concept was originally set up in Bradford, as Born in Bradford (BiB). Now called BiB4ALL, it has grown to be embedded into regular care. It has shown that it is possible to link data from maternity, health visiting, GP, social care and education services. Once connected, the data will be used by researchers, in collaboration with local services and commissioners, to help improve health, care and services through research and planning. [This video explains how it works.](#)

The aim is to create a series of BaBi cohorts across the country, each providing health intelligence which can help shape local services. The data can also be brought together as one, to help answer research questions nationally. BaBi cohorts are currently being established in Doncaster, East London, Leeds and Nottingham, as well as Wakefield and Bradford.

### What to expect from the workshop

The aim of this workshop is to bring people together to discuss what is important in Wakefield regarding child health and development, so that we understand local priorities. This will inform the research that is carried out as part of BaBi Wakefield in the future.

People from a variety of backgrounds are being invited to take part, including parents, midwives, health visitors, clinicians, service commissioners and researchers.

The workshop will include a short presentation explaining the study in more detail, with the opportunity to ask questions. There will also be smaller group discussions where you will be asked to consider the health development areas you think the research should prioritise, with people from similar backgrounds (session one) and from different services (session two).

### How to register

To book your place, please email [midyorks.babiwakefield@nhs.net](mailto:midyorks.babiwakefield@nhs.net) by the 9<sup>th</sup> of November 2021. Prior to the session, a link to the Zoom workshop and a more detailed agenda will be shared.

BaBi Wakefield is a collaboration, supported by Wakefield Research Hub, including:

- Conexus GP Confederation
- Mid Yorkshire Hospitals NHS Trust (MYHT)
- NHS Wakefield Clinical Commissioning Group (CCG)
- South West Yorkshire Partnership Foundation Trust (SWYPFT)
- Wakefield Council
- Yorkshire Ambulance Service (YAS)



# Lateral Flow Self-Test Kits

Lateral flow tests are now available for parents / carers to order – please see the links below to support you with this:

<https://find-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk/>

[Schools, nurseries and colleges testing: order coronavirus \(COVID-19\) rapid lateral flow home test kits - GOV.UK \(www.gov.uk\)](https://www.gov.uk)



## Useful Contacts

Useful well-being and mental health information:

For children and young people:

WF- I-CAN

<https://wf-i-can.co.uk/>

Young Minds

<https://youngminds.org.uk/>

CAMHS Single point of access

01977 735865

<https://www.southwestyorkshire.nhs.uk/services/camhs-wakefield>

Childline has an advice and support section with British Sign Language and ways to contact childline. Deaf zone | Childline

## Young Minds

Young minds offer a lot of support for both children and also for parents to help their children.

Please visit the Young Minds Parent page on the website to find out more.

[Parents Mental Health Support](#) | [Advice for Your Child](#) | [YoungMinds](#)



For Adults:

<https://www.wakefield.gov.uk/health-care-and-advice/public-health/mental-health-wellbeing/mental-health-support>

Mind

<https://www.mind.org.uk/>

[Turning Point Talking Therapies](#)

01924 234860

<https://www.wakefield.gov.uk/health-care-and-advice/public-health/mental-health-wellbeing/mental-health-support>

School Uniform Stockists

Our School Uniform stockists are both still operating and orders can be made for school wear, book bags and PE kits.

[Signature Retail, Ropergate, Pontefract](#)

Signature Retail are operating a click and collect system as well as accepting orders online through their website [www.signatureretail.co.uk](http://www.signatureretail.co.uk)

If you would like to make a purchase via phone, please telephone 01977 600324. Payments can be made over the phone and items can be collected at certain times.

Better and Bright Schoolwear

Better and Bright Schoolwear are currently taking orders through their website:  
[www.betterandbrightschoolwear.co.uk](http://www.betterandbrightschoolwear.co.uk)

Alternatively, you may purchase items by calling 07486 140776 or 07837 078981

**Thank you for your continued cooperation and support**