



**THE ROOKERIES
CARLETON**

JUNIOR, INFANT
& NURSERY SCHOOL

Friday 29th January 2021

Dear Parents and Carers

I would like to start off this week's newsletter with an enormous thank you to all of our parents and carers. These are very challenging times for us all and your support in making sure your children are attending the live learning sessions is very much appreciated.

Given the amount of lost learning in the first lockdown period, 'every lesson counts' and remote learning sessions are equally as important as those lessons in school. This week our engagement figure is 94%, which means on average 249 out of 264 pupils have been engaged in learning. This is an impressive number of children engaged in remote learning; however, there are still a small number of children not taking advantage of our remote learning offer.

I am looking forward to the time when we can safely fully reopen school to all our pupils. When that time comes, whether this is on 8 March or later, depending on government guidance, it is crucial that children have missed as little learning time as possible.

I hope everyone has an enjoyable and safe weekend, take care.

Kind regards
Richard Grogan
Headteacher

Star of the Week Certificates



Class	Star of the Week
Reception	Macy
Year 1	Heidi
Year 1/2	Harry
Year 2	Lyra
Year 3	Jaxon
Year 4	Makenna
Year 5	River
Year 6	Ava
Nursery	Rory

PARKING

Please can I just remind parents and carers not to use the staff car park when dropping off or collecting your child/children. Although we have less staff in our school at the moment we need to ensure that the taxi spaces are kept free. Thank you for your cooperation and support in this matter.

LOCAL FOOD BANK COLLECTION

Thank you to everyone who donated food items for the local food bank collection. These have now been collected and very gratefully received.



Next week 1st – 7th February is children's mental health week
This year's theme is **Express Yourself**.

Place2Be has created activities and resources to help children (and adults) to explore the different ways that they can share their thoughts, feelings and ideas.
There are lots of resources on the Children's Mental Health Week website that you can use with your child at home; including activity ideas and tips for parents and carers.

Visit childrensmentalhealthweek.org.uk to find out more.



As a school, we are taking part in the 'Big Garden Bird Watch' by the RSPB between 29 - 31 January and we are looking for as many children possible to join in with the event, both from home and at school. The RSPB's Big Garden Birdwatch is the world's largest bird survey which helps increase their understanding of the challenges faced by wildlife, as well as collecting data on the types of birds in our local area and how they can be preserved and cared for in the future.

In order for your child to take part our school's Big Garden Birdwatch, please follow the steps below:

1. Pick a time

You can choose any hour between 29 and 31 January. So whether you're an early bird or a night owl, you can still take part.

2. Tell us what you see

Count the birds you see in your garden or from your balcony. Ignore any birds that are still in flight. To avoid double-counting, just record the highest number of each bird species you see at any one time – not a running total.

3. Post your results on Class Dojo/ Tapestry.

Take a picture of your garden birdwatch findings and post it onto Class Dojo/Tapestry for your teacher to see. Data from all bird spotting will be accumulated and submitted to the RSPB. Let's try and spot as many birds possible as a school!

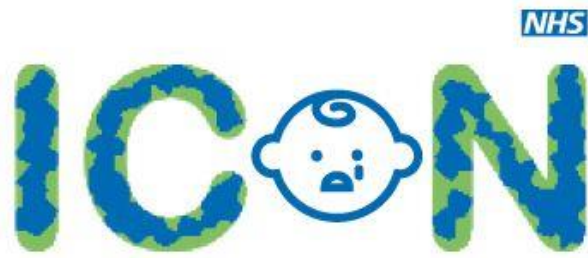
Please use the link below to access a survey sheet to help your child identify and record the different classifications of birds:

<https://www.rspb.org.uk/fun-and-learning/for-teachers/schools-birdwatch/resources/>

If you would like to find out more about the RSPB's Big Garden Birdwatch, use the link below to visit their website. There are lots of activities available if your child is interested to learn more.

<https://www.rspb.org.uk/get-involved/activities/birdwatch/>

Thank you in advance for your participation with this.



Babies Cry, You Can Cope!

Speak to someone if you need support such as your family, friends, Midwife, Health Visitor or GP.

ICON – Babies Cry, You Can Cope programme supports parents and carers manage normal infant crying and to prevent abusive head trauma injuries to babies caused by shaking, also referred to as ‘shaken baby syndrome’.

ICON is an evidenced-based programme designed to help parents and carers understand the normal crying pattern of young infants and to help them develop successful coping mechanisms to deal with this.

The **ICON** programme delivers four simple messages before the birth and in the first few months of a baby’s life:

- I** – Infant crying is normal;
- C** – Comforting methods can help;
- O** – It’s OK to walk away;
- N** – Never, ever shake a baby.

These **ICON** messages have been demonstrated to help parents and carers manage the stresses which can be caused by normal infant crying. Midwives, Health Visitors and other professionals across the region have developed **ICON** expertise to help give parents and carers the tools they need to help keep their babies safe.

More information @ <https://www.lullabytrust.org.uk/>