

Rooks News

September
2019

The Rookeries J, I & N School
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Events at The Rookeries

We have had a busy week at The Rookeries
Years 1, 1/2 and 2 had a fantastic time at Pontefract Castle.



Macmillan Coffee Morning

Thank you to everyone who attended our coffee morning on Friday.



Year 5/6 Curriculum Evening

Years 5 and 6 Curriculum Evening is on Wednesday 2nd October at 5.30pm. Please come along and find out about our new curriculum, daily routines and expectations for the year, homework and the SATs tests. Refreshments will be available.

Weekly Attendance Report

Week Commencing 23rd September 2019

• Year 1	92.31%
• Year 1/2	99.33%
• Year 2	97.31%
• Year 3	95.88%
• Year 4	97.27%
• Year 5	99.66%
• Year 6	93.55%



Overall school attendance for the week 96.46%

School Target is 97%

Well done Year 5
Best Attendance last week : 99.66%

Holidays in Term Time

Research shows that regular attendance at school, coupled with prompt arrival, has a significant effect on children's educational attainment. Every day missed by a child is valuable learning time. Last year we had so many requests for holidays in term time. We appreciate it is more expensive, but please remember we cannot authorise any holidays. Since October 2017, the Pontefract Academies Trust Attendance Policy changed to include fining parents/carers. It is the Wakefield Local Authority that issues the Fines and the money goes to the Authority and not to our school.

CALENDAR 2019/20

Events at The Rookeries



October

Tuesday 22 nd	School Photographs
Tuesday 15 th	Parents Evening
Wednesday 16 th	Parents Evening
Wednesday 23 rd	Harvest Festival (morning)
Friday 25 th	School closes for Half Term

November

Monday 4 th	School Re-opens
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Healthy Packed Lunches

A healthy lunch every day will give your child the energy and nutrients they need to grow, develop and learn.

What to include in your child's lunchbox

A healthier lunchbox should:

- be based on **starchy carbohydrates** (bread, potatoes, rice, pasta)
- include fresh fruit and vegetables/salad
- include a source of protein such as **beans and pulses**, eggs, fish, meat, cheese (or dairy alternative)
- include a side dish such as a low-fat and lower-sugar yoghurt (or dairy alternative), tea cake, fruit bread, plain rice/corn cakes, homemade plain popcorn, sugar-free jelly

Please avoid:

- Chocolate bars e.g. Mars Bars
- Fizzy drinks – water is always available

A useful website to find out more healthy ideas.

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>



Chartwells Menu



Week Commencing Monday 30th September

<u>Monday</u>	Red Blue	Spaghetti Bake Cheese and Tomato Pizza with Potato Wedges
<u>Tuesday</u>	Red Blue	Chinese Chicken with Rice Quorn Bolognese
<u>Wednesday</u>	Red Blue	Roast Pork with Roast Potatoes and Gravy Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy
<u>Thursday</u>	Red Blue	BBQ Beef Meatballs with Pasta Spirals Butternut Squash and Tomato Bake with Rice
<u>Friday</u>	Red Blue	Fish Fingers and Chips Cheese and Onion Tart with Chips
<u>Daily</u>	Green Purple	Jacket Potato Sandwiches (Ham or Cheese)

After School Clubs

All children who registered for After School Clubs have been successful. Classes started last week and payment can now be made through Parentmail. Any queries, please speak to the Office.

Books of the Month



I, Cosmo
By Carlie Sorosiak



My Pet Star
Corrinne Averiss